




Arrival Checklist

Once you've arrived in China, follow the steps below and you'll be feeling comfortable and confident in no time. For more information on each step, visit www.helloteacher.asia.

Step 1: Take care

- Let family and friends know you've arrived safely
- Rest and drink plenty of bottled water
- Safeguard your belongings

Step 2: Make arrangements with your school

- Register at the public security bureau 
- Have a medical check 
- Open a bank account 
- Receive your class timetable

Step 3: Settle into your new home

- Introduce yourself to your neighbors
- Get your address written in Chinese characters
- Check your apartment has everything you need (see over page)

Step 4: Get connected

- Connect to the internet
- Set up a pre-paid mobile phone account 

Step 5: Go shopping

- Take a walk to find the closest shops and ATMs
- Buy a few staples at the local supermarket

Step 6: Get recommendations

- Find out how public transport works
- Seek out the best places to eat

Step 7: Explore your school

- Plan your route to and from school
- Drop by the classrooms you'll be teaching in
- Take a tour of the campus



Does your apartment have everything you need?

Below you'll find all the essential items you need to settle into your new home. If there is something you want that is not on the list, speak to your school contact and they may be able to help you get it.

Bedroom

- Bed
- Bedding
 - Pillow and pillowcase
 - Quilt and quilt cover
 - Sheets
 - Blanket
 - Mosquito net (for tropical areas)
- Wardrobe
- Curtains

Bathroom

- Hot water
- Shower
- Toilet
- Sink
- Mirror

Kitchen

- Refrigerator
- Kettle
- Microwave
- Induction cooker
- Basic kitchenware
 - Utensils
 - Cups
 - Plates
 - Bowls
- Garbage can

Living room

- Television
- Table or desk
- Chair
- Internet cable

Cleaning equipment

- Washing machine
- Broom
- Dustpan
- Mop
- Bucket

Temperature control

- Cooling
- Heating

